

Board Appointment 15 March 2019

EnQuest PLC ('EnQuest') is pleased to announce its intention to appoint Howard Paver as a Non-Executive Director of the EnQuest Board with effect from 1 May 2019. On joining the Board, Howard Paver will become a member of the Remuneration and Audit Committees and stand for election at the Company's Annual General Meeting in May.

Howard has 40 years' global experience in E&P and was previously SVP, strategy, commercial & business development at Hess.

Jock Lennox, Chairman of EnQuest:

"I am delighted to welcome Howard Paver to the Board of EnQuest. He has many years of industry experience as a petroleum engineer and I look forward to working with him as a member of the Board."

Howard Paver's Biography:

Howard Paver holds an MSc from Imperial College in Petroleum Engineering and an MA Chemical Engineering from Cambridge University. Howard is a petroleum engineer with 40 years' global experience in E&P, including 20 years at senior executive level. He most recently served as SVP, strategy, commercial & business development at Hess, a role he took up in July 2013, having joined the company in 2000 as SVP, north sea / international. Between 2005 and 2013 he held the position of SVP, global new business development. Prior to this he spent five years at BHP Petroleum, first as regional president, Europe, Russia, Africa & Middle East, and subsequently as president, global exploration & alliance development, having previously spent one year as general manager at RAG Austria. Howard began his professional career at Schlumberger.

This announcement is made pursuant to paragraph 9.6.13R of the Listing Rules of the UK Listing Authority ('UKLA'). There are no other disclosures to be made pursuant to the paragraph 9.6.13R (1)-(6) of the Listing Rules.

Ends

For further information please contact:

EnQuest PLC Tel: +44 (0)20 7925 4900

Amjad Bseisu (Chief Executive)
Jonathan Swinney (Chief Financial Officer)
Stefan Ricketts (Company Secretary)
Ian Wood (Communications & Investor Relations)

ENQUEST

EnQuest is an independent production and development company with operations in the UK North Sea and Malaysia. The Group's strategic vision is to be the operator of choice for maturing and underdeveloped hydrocarbon assets by focusing on operational excellence, differential capability, value enhancement and financial discipline.

EnQuest PLC trades on both the London Stock Exchange and the NASDAQ OMX Stockholm. Its UK operated assets include Thistle/Deveron, Heather/Broom, the Dons area, Magnus, the Greater Kittiwake Area, Scolty/Crathes Alma/Galia and Kraken; EnQuest also has an interest in the non-operated Alba producing oil field. At the end of December 2018, EnQuest had interests in 18 UK production licences and was the operator of 16 of these licences. EnQuest's interests in Malaysia include the PM8/Seligi Production Sharing Contract and the Tanjong Baram Risk Services Contract, both of which the Group operates.

Forward-looking statements: This announcement may contain certain forward-looking statements with respect to EnQuest's expectation and plans, strategy, management's objectives, future performance, production, reserves, costs, revenues and other trend information. These statements and forecasts involve risk and uncertainty because they relate to events and depend upon circumstances that may occur in the future. There are a number of factors which could cause actual results or developments to differ materially from those expressed or implied by these forward-looking

statements and forecasts. The statements have been made with reference to forecast price changes, economic conditions and the current regulatory environment. Nothing in this announcement should be construed as a profit forecast. Past share performance cannot be relied on as a guide to future performance.